

Setting the Standard in Health Care Excellence

September 10, 2019

Board of Supervisors
County of Ventura
800 South Victoria Avenue
Ventura, CA 93009

SUBJECT: Approval of, and Authorization for the Ventura County Behavioral Health Director to Sign, the Agreement for Early and Periodic Screening, Diagnostic and Treatment Medi-Cal Specialty Mental Health Care Services with Interface Children & Family Services, in the Amount of \$1,610,000, Effective July 1, 2019 through June 30, 2020; Approval of, and Authorization for the Ventura County Behavioral Health Director to Sign, the Agreement for Family Access and Support Team Services with United Parents, in the Amount of \$469,781, Effective July 1, 2019 through December 31, 2019; Authorization to Modify Medi-Cal Mental Health Provisional Unit Rates; Authorization to Extend the Term of the Agreements; and Ratification of the Authorization of Continued Provision of Services Pending Approval of the Agreements.

RECOMMENDATIONS:

1. Approval of, and authorization for the Ventura County Behavioral Health (VCBH) Director to sign, the agreement for Early and Periodic Screening, Diagnostic and Treatment (EPSDT) Medi-Cal Specialty Mental Health Care Services with Interface Children & Family Services (Interface), in the amount of \$1,610,000 (no change from the prior fiscal year (FY)), effective July 1, 2019 through June 30, 2020 (Exhibit 1).
2. Approval of, and authorization for the Ventura County Behavioral Health Director to sign, the agreement for Family Access and Support Team (FAST) services with United Parents, in the amount of \$469,781, effective for six months, July 1, 2019 through December 31, 2019 (Exhibit 2).
3. Authorization for the VCBH Director or designee to make amendments to the Interface agreement modifying Medi-Cal mental health provisional unit rates, provided that (i) the amendment does not increase the total amount of the consideration provided in the agreement and (ii) the rate does not exceed the Ventura County Maximum Allowance rate approved by the Department of Health Care Services.

4. Authorization for the VCBH Director or designee to extend the term of the Interface and United Parents agreements, up to two times, for a period of no more than one year per extension, on the same or more favorable terms and conditions (with any change in the scope of work to be consistent with the original purpose of the agreement), and at an amount that does not exceed the pro rata amount of (a) the agreement amount and (b) any Board-approved increases made to the agreement amount within fiscal year 2019-20. All extensions are subject to all necessary prior appropriations and other budgetary approvals by the Board.
5. Ratification of VCBH's authorization of the continued provision of services by Interface and United Parents for the period July 1, 2019 through September 10, 2019, pending approval of the agreements.

REASON FOR RATIFICATION

The deadline to seek your Board's approval to extend the term of each agreement described herein through FY 2019-20 had already passed when staff realized that delegated authority to extend the agreements without Board approval had expired. Therefore, VCBH is asking your Board to ratify VCBH's authorization of Interface and United Parents to continue providing services pending approval of the agreements described herein.

FISCAL/MANDATES IMPACT:

MHL BU #3200-3205 Youth and Family Services

Mandatory: No Yes Cite Authority:

Source of Funding: Short Doyle/Medi-Cal Federal Financial Participation (SD/MC FFP), and 2011 Realignment.

Funding Match Required: No

Impact on Other Department(s): None

	<u>2019-2020</u>	<u>2020-2021</u>
Summary of Revenue and Total Costs		
Revenue:	\$1,610,000	\$1,610,000
Costs:		
Direct Cost	\$1,610,000	\$1,610,000
Indirect - Dept.	\$0	\$0
Total Costs	\$1,610,000	\$1,610,000
Net County Costs	\$0	\$0

FY2019-20 Adopted Budget for MHL Unit #3205 Youth and Family Services				
	Adopted Budget	Adjusted Budget	Projected Actual	Estimated Savings/(Deficit)
Appropriations	\$42,569,819	\$42,569,819	\$42,569,819	\$0
Revenue	\$42,569,819	\$42,569,819	\$42,569,819	\$0
Net Cost	\$0	\$0	\$0	\$0

Note: Sufficient appropriations and revenue are available in the FY 2019-20 Adopted Budget for the MHL Budget Unit #3200-3205 Youth and Family Services.

MHSA BU #3260-3261 MHS CSS Youth and Family Services

Mandatory: No Yes Cite Authority:

Source of Funding: Proposition 63 MHSA funds and Substance Abuse and Mental Health Administration (SAMHSA) Mental Health Block Grant (MHBG)

Funding Match Required: No

Impact on Other Department(s): None

	<u>2019-2020</u>	<u>2020-2021</u>
Summary of Revenue and Total Costs		
Revenue:	\$469,781	\$939,562
Costs:		
Direct Cost	\$469,781	\$939,562
Indirect - Dept.	\$0	\$0
Total Costs	\$469,781	\$939,562
Net County Costs	\$0	\$0

FY 2019-20 Adopted Budget for MHS BU 3260-3261 CSS Youth and Family Services				
	Adopted Budget	Adjusted Budget	Projected Actual	Estimated Savings/(Deficit)
Appropriations	\$5,428,888	\$5,428,888	\$5,428,888	\$0
Revenue	\$5,383,400	\$5,383,400	\$5,383,400	\$0
Net Cost	\$45,488	\$45,488	\$45,488	\$0

Note: Sufficient appropriations and revenue are available in the FY 2019-20 Adopted Budget for the MHS Budget Unit #3260-3261 CSS Youth and Family Services.

DISCUSSION:

RECOMMENDATION #1

Interface is a comprehensive nonprofit social services agency providing mental health and trauma treatment to address the complex needs of children and families in the community. This agency demonstrates expertise in the evidence-based, trauma-informed, and culturally competent mental health services while responding to the needs of a diverse population. Interface works collaboratively with other service providers and has a strong community presence across the County. As a multiservice provider, Interface provides family support, domestic violence intervention, outreach and youth activities, as well as prevention and mental health counseling within economically challenged communities. Interface's mission is to strengthen children, families and communities to be safe, healthy and thriving.

Interface provides EPSDT Medi-Cal specialty mental health care services to children younger than 21 years of age that are EPSDT Medi-Cal beneficiaries and who meet the criteria for medical necessity as defined in California Code of Regulations, Title 9, sections 1830.205 and 1830.210. Services may include assessment, individual, group and family therapy, crisis intervention, medication management and case management. Referrals to Interface are received from VCBH STAR or via community generated referrals to meet the mental health needs of children and youth residing in Ventura County. In fiscal year 2018-19, Interface provided services to 443 children and their families (unduplicated count) and 578,208 units of service under the EPSDT agreement.

The proposed agreement will continue to provide EPSDT services within Ventura County, there are no changes to the Program Description when compared to the previous FY's agreement with Interface for the same services (Exhibit A) and the agreement maximum is unchanged from the previous FY. The proposed agreement, however, incorporates language changes to the agreement (Section 20, "D", Section 23, Section 28, Section 63, Exhibit "E", and Exhibit "G"). The proposed agreement with Interface for EPSDT services is funded by SD/MC FFP and 2011 Realignment.

VCBH recommends approval of, and authorization for the VCBH Director to sign, the agreement for EPSDT Medi-Cal Specialty Mental Health Care Services with Interface, in the amount of \$1,610,000, effective July 1, 2019 through June 30, 2020.

RECOMMENDATION #2

United Parents provides FAST services to children and families. The program is designed to provide short term intensive home and community based supportive services in a proactive approach with the goal of reducing the need for crisis-based interventions, hospitalizations, and out-of-home placements. Families of children diagnosed with Serious Emotional Disturbance (SED) benefit from a more proactive approach that

supports and teaches them strategies to prevent an escalating situation from turning into a crisis. This in turn, reduces emotional stress on the entire family. The program's peer to peer component utilizes trained parents, recruited from the communities they will serve, to work with families to build specific skills and techniques. During FY 2018-19, 370 families were served in the FAST program, 176 families were enrolled while 207 were discharged. Families are generally matched with a Parent Partner within a week of referral. The majority of the referrals are from the Oxnard area and overall 59% of the parents served with FAST speak Spanish, with nearly 70% of the Parent Partners speaking Spanish, FAST is able to provide culturally and linguistically appropriate service to the Spanish speaking parents.

The proposed agreement will continue to provide FAST services within Ventura County, there are no changes to the Program Description when compared to the previous FY's agreement with United Parents for the same services (Exhibit A) and the agreement maximum is reduced to account for the six-month term (the 12-month prorated amount is the same as previous FY). The proposed agreement, however, incorporates language changes to the agreement (Section 8, "A", Section 9, "A", Section 20, "A" & "D", Section 22, Section 26, Section 28, Section 34, Section 49, Section 50 and Exhibit "H". This is a cost reimbursement agreement, fully funded by the Mental Health Services Act (MHSA) and the SAMHSA MHBG.

VCBH recommends approval of, and authorization for the VCBH Director to sign, the agreement for FAST services with United Parents, in the amount of \$469,781, effective July 1, 2019 through December 31, 2019

RECOMMENDATIONS #3, #4, & #5

VCBH further recommends approval of and authorization for the VCBH Director to modify Interface mental health provisional unit rates and extend the term of both agreements, and ratification of VCBH's authorization of the continued provision of services by Interface and United Parents.

Board of Supervisors
Interface EPSDT & United Parents FAST FY 19-20 Agreements
September 10, 2019
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This Board letter has been reviewed by the County Executive Office, Auditor-Controller's Office, and County Counsel. If you have any questions regarding this item, please contact Sevet Johnson at (805) 981-1881.



SEVET JOHNSON, PsyD
Behavioral Health Director



KARLA VALLE
HCA Chief Financial Officer



WILLIAM T. FOLEY
Health Care Agency Director

Attachment:

Exhibit 1 – FY 19-20 Agreement with Interface for EPSDT services

Exhibit 2 – FY 19-20 Agreement with United Parents for FAST services