

The Ventura County Area Agency on Aging and the Fall Prevention Coalition partners ...

- Are aware of the critical effects that falls have on the health of individuals and most especially older adults;
- Offer case management services and evidence-based classes designed with those 60 and older in mind.

Classes, which are held county-wide, are FREE to any Ventura County resident 60 or older.

For more information visit vcaaaa.org, call (805) 477-7300 or email Fall.Prevention.Program@ventura.org



J.T.D. Duncan



2023 Fall Prevention Forum

- In-person Forum this Friday at the Oxnard Performing Arts Center
- “Increase Your Ability to Maintain Your Stability” banner hanging in the Hall of Administration
- We encourage everyone to reach out to VCAAA to find help in remaining upright.
- We’ll see you at the Forum!



FALL PREVENTION FORUM

Space Is Limited, Pre-Register at vcaaa.org/falls or by Calling (805) 477-7300

SPEAKERS:



Dr. Thomas Duncan
D.O., F.A.C.S., F.I.C.S.
Trauma Medical Director
Ventura County Medical Center



Dr. Javier Romero
M.D., F.A.C.S., F.I.C.S.
Immediate Past Chair of Surgery
Ventura County Medical Center

FRIDAY

September 29, 2023
9 a.m. to 12:30 p.m.

Registration begins at 8 a.m.

OXNARD PERFORMING ARTS CENTER
800 Hobson Way, Oxnard, CA

- ★ FREE LUNCH for All Guests
- ★ Prize Drawings
- ★ FREE Immunizations & Health Screenings
- ★ Zumba & Tai Chi Demonstrations
- ★ Balance & Gait Screenings



COUNTY of VENTURA
Human Services Agency
Area Agency on Aging
vcaaa.org



Ventura County
ELDERLY
Fall
PREVENTION
Coalition



CITY OF
OXNARD
CALIFORNIA

LEARN TO PREVENT FALLS



Testimonials



COUNTY *of* VENTURA

Human Services Agency
Area Agency on Aging

Fall Prevention Program
Testimonials